

LEMON TRUFFLES

(Courtesy : Sally-Ann Creed)

Ingredients:

1 cup almond flour

1/3 cup coconut flour

2 tablespoons honey

1/4 cup melted organic coconut oil

2 lemons, juiced

1 lemon zested

1/2 tablespoon pure vanilla or almond extract

pinch of sea salt

Method:

No baking required

Put all the ingredients into a food processor and mix until a soft dough

Scoop out rounded spoonfuls and roll into a ball with hands. Place on a plate lined with wax paper and keep chilled in fridge.